

September 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
August 31: Course Introduction	1	2 Force (Chapter 1) <u>Read Assignment #1 Before Noon</u>	3	4) Force (Chapter 1) <u>Read Assignment #2 Before Noon</u>	5	6
7 Holiday, No Class	8	9 Linear Kinematics (Chapter 2)	10	11 Scientific Literature in Biomechanics, and A Discussion of the Group Project	12	13
14 Projectile Motion (Chapter 2) <u>Read Assignment #3 Before Noon;</u> Add/Drop Deadline	15	16 Linear Kinetics (Chapter 3)	17 Withdraw Deadline	18 Linear Kinetics (Chapter 3);	19	20
21 Linear Kinetics (Chapter 3) <u>Read Assignment #4 Before Noon</u>	22	23 Work, Energy, and Power (Chapter 4)	24	25 Guest Speaker—Eadric Bressel	26	27
28 Work, Energy, and Power (Chapter 4) <u>Read Assignment #5 Before Noon</u>	29	30 Torque (Chapter 5)				

October 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2 Torque (Chapter 5)	3	4
5 Center of Mass and Mechanical Stability (Chapter 5)	6	7 Center of Mass and Mechanical Stability (Chapter 5) <u>Exam 1 in the Testing Center</u>	8 <u>Exam 1 in the Testing Center</u>	9 No Class, <u>Exam 1 in the Testing Center</u>	10	11
12 Angular Kinematics (Chapter 6)	13	14 Informal Course Assessment and Review of Exam 1	15	16 Qualitative Analysis of Human Motion (Chapter 6), <u>Complete In-class Assignment (#6) On This Day</u>	17	18
19 Angular Kinetics (Chapter 7)	20	21 Angular Kinetics (Chapter 7)	22	23 Angular Kinetics (Chapter 7) <u>Read Assignment #7 Before Noon</u>	24	25
26 Fluid Mechanics (Chapter 8)	27	28 Fluid Mechanics (Chapter 8)	29	30 Fluid Mechanics (Chapter 8) <u>Read Assignment #8 Before Noon</u>	31	

November 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 Bone Mechanics	3	4 Bone Mechanics <u>Read Assignment</u> <u>#9 Before Noon</u>	5	6 Mechanics and Connective Tissue	7	8
9 Muscle Mechanics	10	11 EMG	12	13 EMG <u>Read Assignment</u> <u>#10 Before Noon</u>	14	15
16 Able-bodied Gait Mechanics	17	18 Muscle Activity During Able-bodied Gait	19	20 Impaired Gait Mechanics; <u>Exam 2 in Testing</u> <u>Center</u>	21 <u>Exam 2 in</u> <u>Testing Center</u>	22
23 Biomechanics and Technique in Sport (Chapter 13); <u>Exam 2 in Testing</u> <u>Center</u>	24 No Class, <u>Exam 2 in Testing</u> <u>Center</u>	25 No Class	26 Holiday, No Class	27 Holiday, No Class	28	29
30 Biomechanics and Technique in Sport (Chapter 13)						

December 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2 Review of Exam 2 <u>Group Project is Due</u>	3	4 Biomechanics and Physical Training (Chapter 14)	5	6
7 Biomechanics and Physical Training (Chapter 14) <u>Complete In-class Assg (#11)</u>	8	9 Biomechanics and Athletic Injury (Chapter 15) <u>Read Assignment # 10 Before 5:00 pm</u>	10	11 No Class: Exam Prep Day	12 Exam Prep Day	13
14 Final Exam in the Testing Center	15 Final Exam in the Testing Center	16 Final Exam in the Testing Center	17 Final Exam in the Testing Center	18 Final Exam in the Testing Center	19	20
21	22	23	24	25	26	27
28	29	30	31			